

## Board and Lodging

The Organizing Committee is responsible for the expenses for rooms and meals for the participating competitors and for one (1) team leader from each Member, as well as for the invited officials, beginning with lunch on Wednesday, March 4 up to and including lunch on Monday, March 10, 2008 (Rule 137, paragraph 10 and 14).

Additional expenses for rooms and meals will be borne by each Member. The cost of a room and meal at the official hotel are as follows (All in Twin-bed room, including taxes):

Twin use (per person per night): ¥13,350 (with three meals)

Single use (per night): ¥14,700 (with three meals)

## Official Hotel

The Organizing Committee will arrange hotel reservations for the participants at the official hotel. Room requirements must be received as soon as possible, but no later than Sunday, February 17, 2008.

### Hotel Kokusai 21

576, Agata-machi, Nagano City, Nagano Pref., 380-0838, Japan

Telephone: (+81) 26 234 1111

Fax: (+81) 26 234 2365

Website: <http://www.kokusai21.jp/>

### Hotel Saihokukan

528-1, Agata-machi, Nagano City, Nagano Pref., 380-0838, Japan

Telephone: (+81) 26 235 3333

Fax: (+81) 26 235 3365

Website: <http://www.saihokukan.com/>

### Jal City hotel Nagano (for Media)

1221 Toigoshomachi-, Nagano-shi, Nagano, 380-0834 Japan

Telephone: (+81) 26 225 1131

Fax: (+81) 26 225 0031

Website: <http://nagano.jalcity.co.jp/>

## Transportation

The Organizing Committee will provide transportation from and to New Tokyo International Airport (Narita Airport) and between the hotels and the Nagano Olympic Memorial Arena from March 2 – 10, 2008 at no expense to the participants according to the transportation plan. Expenses for team officials, who do not accompany their team members are to be borne by themselves. The date, airline, flight number, expected time of arrival and the date and time of departure should be communicated to the Organizing Committee as soon as possible, but no later than Sunday, February 17, 2008. Please include the amount of special equipment (e.g. bicycles, massage tables, etc.) that needs to be transported.

## Entries and Inquiries

All entries, hotel reservations and media accreditation inquiries, as well as other inquiries should be addressed as soon as possible to:

The Organizing Committee World Single Distances Speed Skating Championships 2008

C/O Japan Skating Federation

Kishi Memorial Hall, 1-1-1, Jinnan, Shibuya-Ku, Tokyo, 150-8050, Japan

Telephone: (+81) 3 3481 2351 Fax: (+81) 3 3481-2350 E-mail: [info@skatingjapan.or.jp/](mailto:info@skatingjapan.or.jp/)

## Media Accreditation

All media accreditation inquiries should be addressed to:

Organizing Committee Media Office

TEL: +81-3-5467-3379 FAX: +81-3-5467-3483 Email: [mediaoffice@ypcpr.com](mailto:mediaoffice@ypcpr.com)

## Website

Results and other information concerning the competition will be available at the following website: <http://www.skatingjapan.jp/>

# ANNOUNCEMENT

## ISU World Single Distances Speed Skating Championships® 2008 March 6 – 9, 2008



ISU World Single Distances  
Speed Skating Championships®  
2008



### Distances

Ladies: 2 × 500m 1000m 1500m 3000m 5000m Team Pursuit  
Men: 2 × 500m 1000m 1500m 5000m 10000m Team Pursuit

### OFFICIAL SPONSORS OF THE ISU CHAMPIONSHIPS



### MEDIA PARTNERS OF THE ISU CHAMPIONSHIPS



### LOCAL SUPPLIER OF THE ISU CHAMPIONSHIPS



On behalf of Japan Skating Federation we have the honor and pleasure to invite you to the

 **WORLD SINGLE DISTANCES SPEED SKATING CHAMPIONSHIPS® 2008**

to be held at the Nagano Olympic Memorial Arena (M-Wave), Nagano City, Japan  
on Thursday, March 6 - Sunday, March 9, 2008

The Championships will be held under the 2006 ISU General Regulations and Special Regulations/Technical Rules for Speed Skating and relevant ISU Communications.

### Program

Wednesday, March 5	Saturday, March 8
16:00 Team leaders Meeting at Hotel Kokusai 21	12:00 500m Ladies (1 <sup>st</sup> Race)
18:00 Opening Draw at Hotel Kokusai 21	1000m Men
Thursday, March 6	500m Ladies (2 <sup>nd</sup> Race)
14:00 1500m Ladies 5000m Men	10000m Men
17:30 Draw at M-Wave	Team Pursuit Ladies
Friday, March 7	18:15 Draw at M-wave
11:30 500m Men (1 <sup>st</sup> Race)	Sunday, March 9
3000m Ladies	14:00 1000m Ladies
500m Men (2 <sup>nd</sup> Race)	1500m Men
17:30 Draw at M-Wave	5000m Ladies
	Team Pursuit Men
	20:00 Awards Banquet at Hotel Kokusai 21

### Titles and Prizes

The winners of the distances will bear the titles "World Speed Skating Champion \_meters for 2008" and "Lady World Speed Skating Champion \_meters for 2008", respectively. The winners of the Team Pursuit competitions will bear the titles "World Speed Skating Team Pursuit Champions" and "Ladies World Speed Skating Team Pursuit Champions". All winners will be awarded the ISU Championships Gold Medals. Competitors placed second and third will each be awarded the ISU Silver and Bronze Championships Medals respectively in accordance with ISU Rule 133 and 134.

Prize money will be awarded according to ISU Communication No. 1286.

### Track

The Nagano Olympic Memorial Arena (M-Wave) is a fully enclosed speed skating facility with standard speed skating track of 400 meters to the lap. The width of each lane is 4 meters with an inside training lane of 6 meters wide. The radii of the inner and outer competition lanes are 26 and 30 meters respectively.

### Entries

Entries for ISU Championships can be made only through the respective Members on the enclosed official ISU entry forms. Entries for the World Single Distances Championships will be accepted only for skaters who are qualified through results achieved in World Cup Speed Skating Competitions or in ISU Championships during the season. ISU Members may enter a maximum of 3 competitors in each distance. If more than 3 skaters from the same Member are among the qualified skaters, the final entries from that Member must indicate which of these skaters shall participate in the Championship. The remaining qualified skaters may be entered as substitutes for the distance concerned. If a Member has no qualified competitors this Member may enter one skater (one Lady or one Man) to the Championships on the condition that this skater is ranked among the six (6) best on the reserve list of some distance (see Rule 208, paragraph 2 and ISU Communication Nos. 1469 and 1471).

The total number of participants on the distances will be limited as follows:

500 meters Ladies and Men	24
1000 meters Ladies and Men	24
1500 meters Ladies and Men	24
3000 meters Ladies and 5000 meters Men	24
5000 meters Ladies and 10000 meters Men	16
Team Pursuit Ladies and Team Pursuit Men	8

All entries must be submitted in writing (preferably by fax). The preliminary entry of competitors and substitutes, if possible with names, must be sent [by Sunday, February 17, 2008](#) to the Organizing Committee in accordance with Rule 208, paragraph 8.

Final entries must be communicated to the Organizing Committee [by Monday, March 3, 2008](#). Official ISU entry forms must be used for all entries. Post entries will not be accepted.

### Citizenship/Residence requirements and Clearance Procedure

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 1420, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

### Grouping and Drawing Procedures

The drawing will be made in accordance with Rule 240, paragraph 6.

### Anti-Doping Control

Anti Doping tests will be carried out in accordance with the valid ISU Anti-Doping Code (ISU Communication No. 1447 and 1448 or any further update of these Communications).

### Training Times

Official training times for the Nagano Olympic Memorial Arena are as follows:

Monday, March 3	Thursday, March 6
Ice Training 09:00 – 10:30 (Europe)	Ice Training 12:00 - 13:20 (Open)
Ice Training 10:50 – 12:20 (Non-Europe)	Ice Training 17:30 – 18:30 (Open)
Ice Training 13:30 – 15:00 (Europe)	Friday, March 7
Ice Training 15:20 – 16:50 (Non-Europe)	Ice Training 09:30 – 11:00 (Open)
Tuesday, March 4	Ice Training 15:00 – 16:00 (Open)
Ice Training 09:00 – 10:30 (Non-Europe)	Saturday, March 8
Ice Training 10:50 – 12:20 (Europe)	Ice Training 10:00 – 11:30 (Open)
Ice Training 13:30 – 15:00 (Non-Europe)	Ice Training 18:00 – 19:00 (Open)
Ice Training 15:20 – 16:50 (Europe)	Sunday, March 9
Wednesday, March 5	Ice Training 12:00 – 13:30 (Open)
Ice Training 09:00 – 10:30 (Europe)	
Ice Training 10:50 – 12:20 (Non-Europe)	
Ice Training 13:30 – 15:00 (Europe)	
Ice Training 15:20 – 16:50 (Non-Europe)	

Weight training facilities will be available 08:30-18:00 Monday – Saturday.

Trial starts will be held during the training sessions on Tuesday, March 4 and Wednesday, March 5, 2008.

### Liability

In accordance with Rule 119, the ISU, Japan Skating Federation and the Organizing Committee assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the World Single Distances Speed Skating Championships 2008. Each Member is solely responsible for providing insurance coverage thereto.